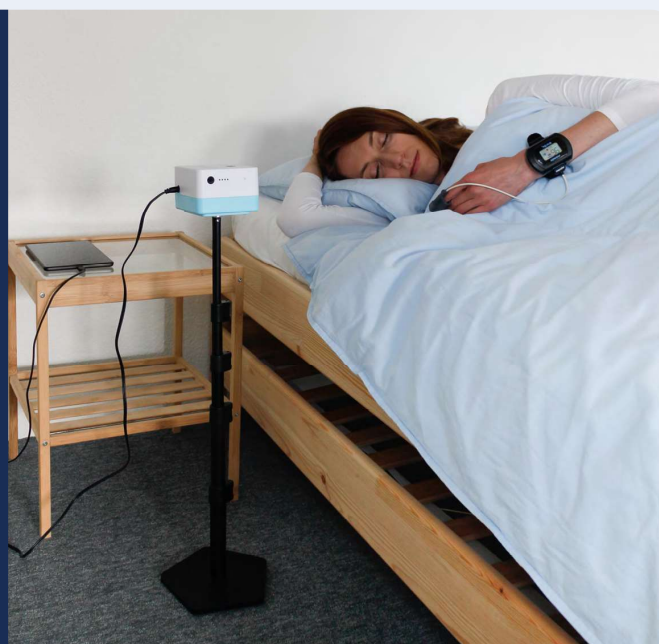**English**

Sleepiz

SLEEPIZ ONE CONNECT

Sleepiz One Connect is intended for monitoring of physiological parameters, in adults, at rest or during sleep, in clinical or home environment.

Please follow the instructions step by step.

Your partner can sleep in the same bed but you have to be the one closer to the Sleepiz device. Sleepiz wishes you a good night of sleep!

This is what you will find in the packaging:

Stand

Sleepiz One

SpO2 Sensor

Sleepiz One Charger

Tablet with Charger

⚠️

- Do not use the Sleepiz One with active electronic implants (e.g. pacemaker)
- Do not use the Sleepiz One near other life support equipment as its electromagnetic field may interfere with the operation of other equipment.
- Switch on the light before getting out of bed to avoid tripping over the Sleepiz One
- This document is only an assembly instruction. Please be sure to read the long instructions thoroughly before using the Sleepiz One.

1

Plug the tablet into a power supply somewhere in the same room as you sleep with the Sleepiz device. The tablet connects all devices and makes sure the data is transmitted.

2

Turn on the tablet by pressing the power button on the right side for 3 seconds. To boot and establish an internet connection it can take up to 3 minutes. Please always keep the tablet plugged to the power.

3

a) Screw the monopod onto the base plate.
b) Use the ruler at the top of this page and adjust the height according to step 4.
c) Screw the device on top of the monopod.

4

The bottom of the Sleepiz One should be 5 – 10 cm above the mattress. (To position the device on the right height you can also use a chair or books as an aid.)

5

Use the ruler at the top of this page to position the Sleepiz device around 40 – 50 cm from your body, pointing to the lower part of your chest.

6

Plug the power cable and connect the Sleepiz One to the power supply. Adjust the top arrow to point to the lower part of your chest.

7

Turn the Sleepiz One on by pressing the power button shortly.

8

After 30 seconds, the indicator light on the left hand side of the Sleepiz device will change from blue to green.

9

Put on the SpO2 sensor on your index finger and wrist. The sensor can be on either one of your arms.

10

The SpO2 sensor turns on automatically once it is on your finger. After around a minute, you can see your pulse rate and oxygen saturation on the display.

8 Step Checklist!

1. Is the tablet on and connected to power?

2. Is the indicator light on the left-hand side of the Sleepiz One green?

3. Does the arrow on the Sleepiz One point towards the lower part of your chest?

4. Use the ruler and check if the Sleepiz One is 5-10 cm above the mattress and 40-50 cm away from your lower chest.

5. Did the SpO2 sensor turn on after putting it on?

6. Is the cloud symbol on the tablet green indicating internet connection?

7. Is the Sleepiz device symbol on the tablet green indicating connection with the tablet?

8. Is the SpO2 symbol on the tablet green, when wearing the sensor?

IN CASE OF TECHNICAL PROBLEMS

1. SpO2 battery replacement
To change the batteries of the SpO2 sensor, please open the battery pocket on the backside of the SpO2 sensor. Remove both batteries and insert the new ones while making sure to put place the «+» and «-» poles of the battery correctly. After changing the batteries of your SpO2 it is crucial to make sure to restart the tablet as described in (2) below.

2. Restarting the tablet
To restart the tablet, please press the power button on the right-hand side. Then press "Power off" on the display for the tablet to shut down.
Please wait for 1 minute before switching it back on by pressing the power button again. Wait for additional 3 minutes during which the tablet boots and establishes an internet connection, then check again if all symbols are green.

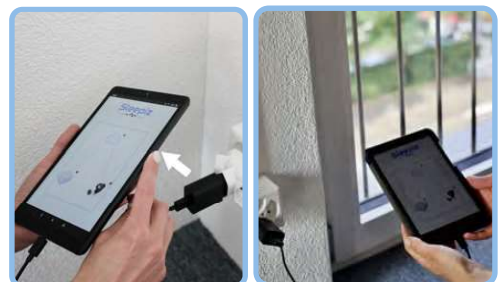### 3. Cloud symbol on the tablet is red
If the cloud symbol on the tablet is red, please switch off the tablet as described in (2) above. If possible move it closer to a window or to a place where you have better cellular coverage on your mobile phone.

4. Sleepiz device and cloud symbol are both red on the tablet
If the cloud symbol is red on the tablet, you do not have network coverage. Therefore, the Sleepiz device can also not connect to the tablet. Please, follow the steps in (3) above to get better network connectivity.
In case the problem persists as you may have a network issue in your area – Do not worry. Sleepiz device stores the data internally and will sync the data whenever the internet connection is established. So you can still go ahead with the recording.

5. Tablet screen remains black
If the tablet screen remains black, please restart the device as described in (2).

FURTHER INSTRUCTIONS AND SUPPORT

6. Sleepiz device symbol on the tablet is red

If the Sleepiz One symbol on the tablet is red, please switch off the Sleepiz One by pressing the power button on top of the device for 1 second. The logo will illuminate red before switching off. Please wait for 1 minute before switching it back on by pressing the power button again. Also make sure to restart the tablet (2).


7. Sleepiz device indicator is not green

If the Sleepiz device indicator is blue, please wait for at least two minutes as it might still be booting.
If the device indicator is violet, there is an update in progress. Wait up to 10 minutes until it turns green.
If the device indicator remains blue or shows a red indicator, please press the power button on top for 10 seconds.
Then wait for 3 minutes before restart the device. Please also restart the tablet as described in (2).
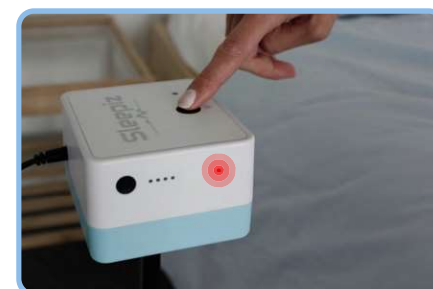
8. SpO2 sensor symbol on the tablet is red

If the SpO2 symbol is red on the tablet, please restart the tablet as described in (2).
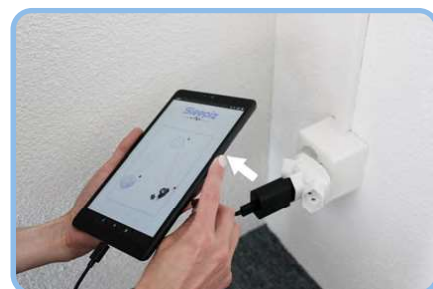

9. SpO2 sensor does not switch on

If the SpO2 sensor does not automatically switch on after putting it on your finger, please replace the batteries as described in (1). Then try again. Please additionally check if the cable of the finger sensor is correctly attached to the display as described in the picture.

If the above instructions did not resolve your problem you can find further instructions and videos online!

Visit www.sleepiz.com/support
or scan the QR-Code
or contact the support team

support@sleepiz.com or +41 44 586 08 88

SCAN ME

If the above instructions did not resolve
your problem you can find further
instructions and videos online!

Visit www.sleepiz.com/support
or scan the QR-Code
or contact the support team

support@sleepiz.com or +41 44 586 08 88

SCAN ME
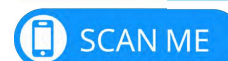
Sleepiz One Connect

Sleepiz

TOUCHING LIVES WITHOUT TOUCHING

HOTLINE: +41 44 586 08 88

HORNBACHSTRASSE 23
8008 ZÜRICH
SWITZERLAND
WWW.SLEEPIZ.COM

IFUS-21-002 Rev A
06.10.2021